

ANZPOP Student Training

Confidence and Competence - Learning with your Inner Critic

6th, 7th & 8th March 2010

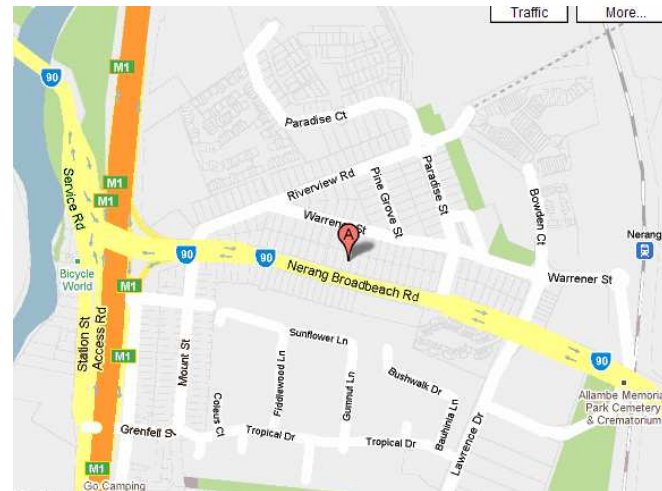
at
Susan's Clinic
30 Nerang-Broadbeach Road,
Nerang
Queensland

Transport

Car - take exit 71 off the Gold Coast highway towards Broadbeach and then drive past one street on the left and 12-14 houses down the street on the left hand side of the road is number 30. Or off the M1 onto Nerang Broadbeach Rd shown as route 90

Train - to the Nerang Train Station and then walk out towards Nerang-Broadbeach Road and turn right. Walk up the street two blocks and you will be at number 30.

Bus service runs down that street, and a bus stop nearby my house. We will tie balloons to the post to indicate the house.



Registration

To register please e-mail Alan on a.richardson@qut.edu.au that you are attending.

The cost of the training is \$400.00
Please take note that our payment procedures have changed with our new Administrative Officer.

Please put that the payment is for Brisbane Student Training 2010 and keep the receipt.

1. Payment by Paypal

Email address for Paypal is
accounts@anzpop.org

2. Payments by Internet Direct Debit

ANZPOP Inc
Commonwealth Bank
BSB 064 126
Account No. 10023059

3. Payments by Bank Cheque

Please send your cheque and details to
P O Box 200, Sherwood Qld 4075
Australian students can send a personal cheque.
Students from New Zealand need to send a **Bank**
cheque.

Look forward to seeing you there.

SATURDAY ... 9am to 12 noon

**The Ebb and Flow of the Learning Experience
with Alan Richardson.**

Learning is the frontier for each of us to develop our personal awareness and professional skills. Our learning approach is very much apart of our personality and is supported and hindered by our preferential ways of being. This workshop will develop ways of engaging attributes based on an essence of our Learning Self.

SATURDAY 1.30 to 4.30pm

**The Deep Democracy of Examinations – A
Team Effort! with Shar Edmunds.**

Examiner, respondent and inner critic, these are just some of the roles present during examinations. Sometimes they work together well but at other times conflict between them becomes an immediate challenge to be addressed. Integral to this dilemma are issues of rank and power and trance states triggered by earlier life experiences. To meet the challenge let's study your personal situation. First we'll find all the possible stakeholders involved in the examination scene and the unifying vision that inspires them. We'll take this opportunity to discover YOUR team members, both inner and outer, and each one's specific gifts including those troublesome members. We will find the overarching goal that binds them as a team and practice the skills necessary to move through those troublesome states. When connected to your deepest purpose for study examinations become another opportunity to celebrate the curiosity, creativity and learning born of your deepest aspirations in life.

SUNDAY 9am to 12 noon

**“Playing with Role-play”
with Silvia Camastral**

In this unit we will play, study, practice build skills around various ways of using role-play to unfold the process, relationship issues or create new patterns over the edge. We will practice, and have fun with each other in supervision and use the video to discuss, study the process, and build skills.

SUNDAY 1.30 TO 4.30PM

**All hands on Board – Small Group Supervision
with Alan, Andrew, Shar, Susan and Silvia.**

The student group will be divided into small groups for supervision of process work practice.

MONDAY 9am to 12 noon

**Skills and Metaskills for Working with Our
Own and Our Client's, Inner Criticism
with Susan Hatch**

An experience that may emerge looking or sounding like an inner critic may have many diverse, and powerful, processes beneath them. Let's make no assumptions about the inner critic. Instead we will track some these characters and develop together possible ways to unfold them. When we follow impeccably the tracks of inner criticism we can re-invent inner supervision, increase personal rank and power, and develop a more fluid access to detachment, to name a few. Join me in this exciting, empirical and practical exploration of the dynamic of inner criticism.

MONDAY 1.30pm to 4.30pm

**Ally Whispering – Surviving and Harnessing
your Ally!
with Andrew Lindsay**

Our ally is a tremendous source of energy and the steed we wrestle and ride through our training. It makes for a smoother ride to recognise and understand the ally's energy and our edges in relationship with it. This session will explore our ally as present in our childhood or student dream and how it more specifically relates to our learning path in the form of edges, obstacles and crisis all of which can lead to an experience of ecstatic liberation.